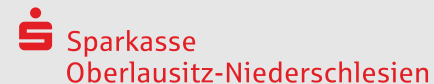




XTEERRA®
O-SEE CHALLENGE



WETTKAMPFBESPRECHUNG BRIEFING 2026





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O-SEE CHALLENGE

ALLGEMEINE REGELN / GENERAL RULES

9:00 – 11:15

CHECK-IN WECHSELZONE

Materialcheck – Bike und Helm

SCHWIMMEN

Badekappenpflicht
Neoprenverbot ab 22/20°C

nur textile Schwimmbekleidung erlaubt
kein gummiertes Material

Einschwimmen
-> 5 min zum Start

CHECK-IN TRANSITION AREA

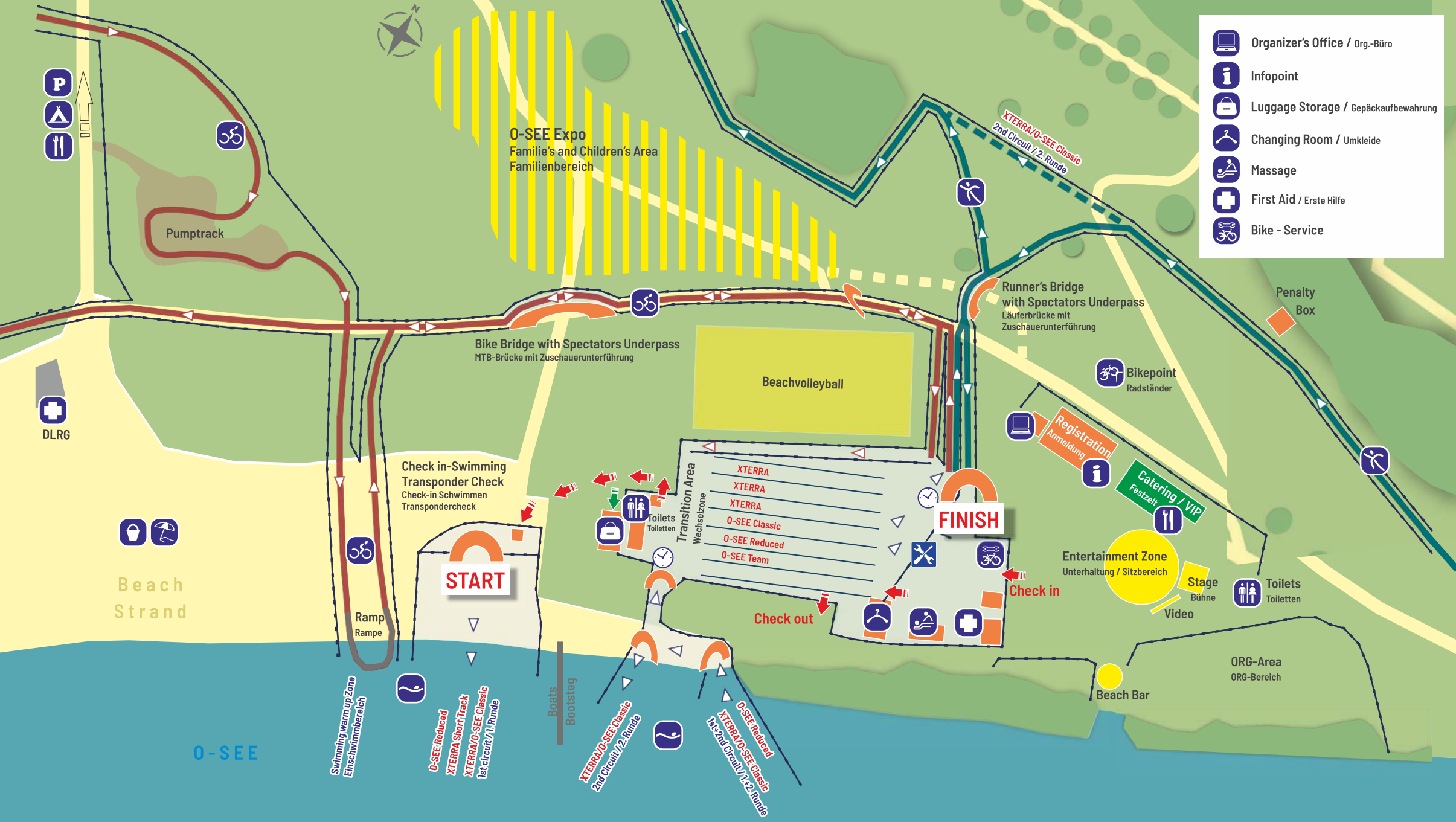
Materialcheck – Bike and Helmet

SWIMMING

Swim caps obligatory
Wetsuit not allowed from 22/20°C

only textile swimwear is allowed
rubberized materials are prohibited

swimming in
-> 5 min to Start





MTB -> Helmpflicht

- Helm in Wechselzone hängt am Bike, Gurt offen
 - geschlossener Gurt ab Wechselzone
 - Rad ist in Wechselzone zu schieben
- Transponder ist am Fußgelenk zu befestigen
 - keine Kopfhörer

E-BIKE & DROPBARS SIND VERBOTEN

TRAIL-RUN

- Laufnummer ist vorn zu tragen
 - T-Shirt Pflicht
 - keine Kopfhörer

MTB -> Helmet obligatory

- Helmet hanging opened on bike
- Helmet must be worn with closed bucle while exiting transion area
- No cycling in transion area
- Chip to be fasten on leg
 - no ear plugs

NO E-BIKES & DROPBARS

TRAIL-RUN

- Running bib must be worn at front
 - T-Shirt obligatory
 - no ear plugs



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ZEITLIMITS

TIME OUT

Kontrollpunkt Hochwald

15:00

Checkpoint hochwald

Wechsel Bike – Run

16:00

Transition bike - run

Zielschluss

17:30

Close down Finish area

Checkout Wechselzone

17:30

Checkout transition area



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Alle Starts

CHECK-IN SCHWIMMEN
= STARTZEIT - 15 MIN

ALL STARTER

SWIMMING CHECK-IN
= 15 MIN BEFORE START TIME

VERPFLEGUNG RAD + LAUF

TRINKEN (BECHER+FLASCHEN): WASSER,
SCHORLE, COLA, ISO
ESSEN: ÄPFEL, MELONE, BANANE, RIEGEL,
QUETSCHI
LAUF: KEINE ÄPFEL, ABER SALZ

CATERING CYCLING + RUNNING

DRINKS (CUP+BOTTLE): WATER,
JUICE+SPARKLING WATER, COLA, ISO
FOOD: APPLES, WATERMELON, BANANA,
ENERGY BARS, POUCHES
RUNNING: NO APPLES, BUT SALT

MÜLL GEHÖRT IN DIE TONNE!

USE BINS FOR RUBBISH!

BEI AUFGABE -> UNBEDINGT ->

Meldung beim nächsten Kampfrichter /
Streckenposten + Transponder Abgabe

IF ABANDON -> IMPORTANT! ->

please report to the next race official and
return your transponder



PENALTY BOX

Auf der Laufrunde, vor dem Übergang zur zweiten Runde -> bitte beachten!

PENALTY BOX

On the running lap, before the transition to the second lap -> Please note!

BIKE

Wechselzone -> Auf- & Abstieg an roter Linie beachten

TECH-ZONE: Schläuche, Pumpe, Reifenheber - nach Hochwald, VP Hain

BIKE

Transition zone -> pay attention to ascent and descent on the red line

TECH-ZONE: tubes, pump, tire levers - after Hochwald, VP Hain

TEAMS

Wechselzone -> Transponderübergabe grundsätzlich an grüner Linie

CHECK IN Teamzelt:

- Biker bei Schwimmstart
- Läufer + 60min

TEAMS

Transition zone -> transponder handover basically at the green line

CHECK-IN Team Tent:

- Cyclists at the swim start
- Runners +60 min



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ALLE STARTER
CHECK-IN SCHWIMMEN

11:10 – 11:25

ALL STARTER
CHECK-IN SWIMMING

ELITE
Ende CHECK-IN START

11:25

ELITE
End of CHECK-IN START

STARTZEIT M/W

11:30 / 11:31

START TIME M/W

MÄNNER / FRAUEN AK
Ende CHECK-IN START

11:30

MEN / WOMEN Agegroup
End of CHECK-IN START

STARTZEIT MÄNNER

11:33

START MEN

STARTZEIT FRAUEN + Para

11:36

START WOMEN + PC



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XTERRA

Beachvolleyball

Übergang
zum
Schwimmstart

EINSCHWIMMEN

Schwimm-
start

XTERRA

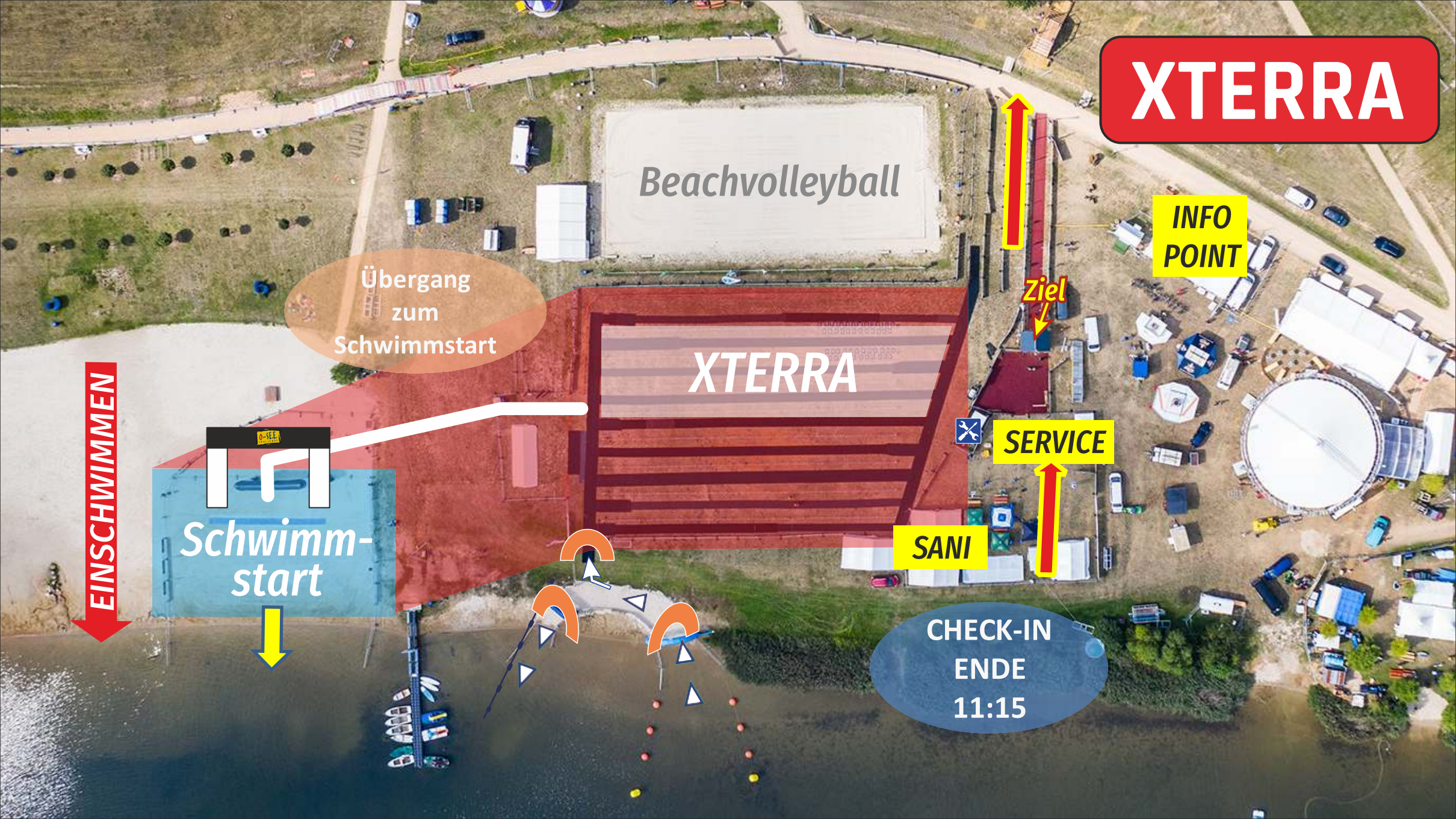
INFO
POINT

Ziel

SERVICE

SANI

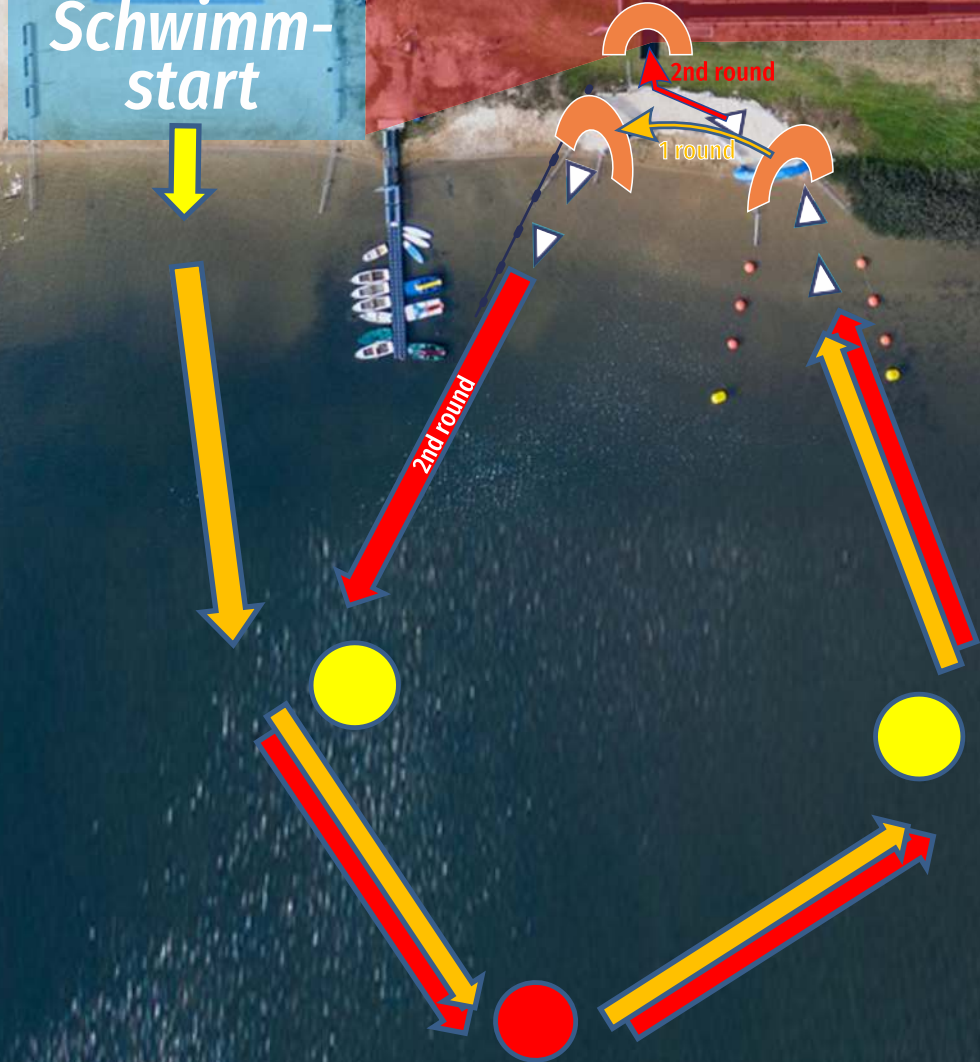
CHECK-IN
ENDE
11:15



EINSCHWIMMEN



WECHSELZONE
TRANSITION AREA



SCHWIMMEN
- 2x 750M -
= 1,5KM

XTERRA



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XTERRA

INFO
POINT

Ziel

SERVICE

SANI

MTB TRAIL
- 37KM -
- 1160HM -



XTERRA®
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XTERRA

MTB TRAIL
- 37KM -
- 1160HM -



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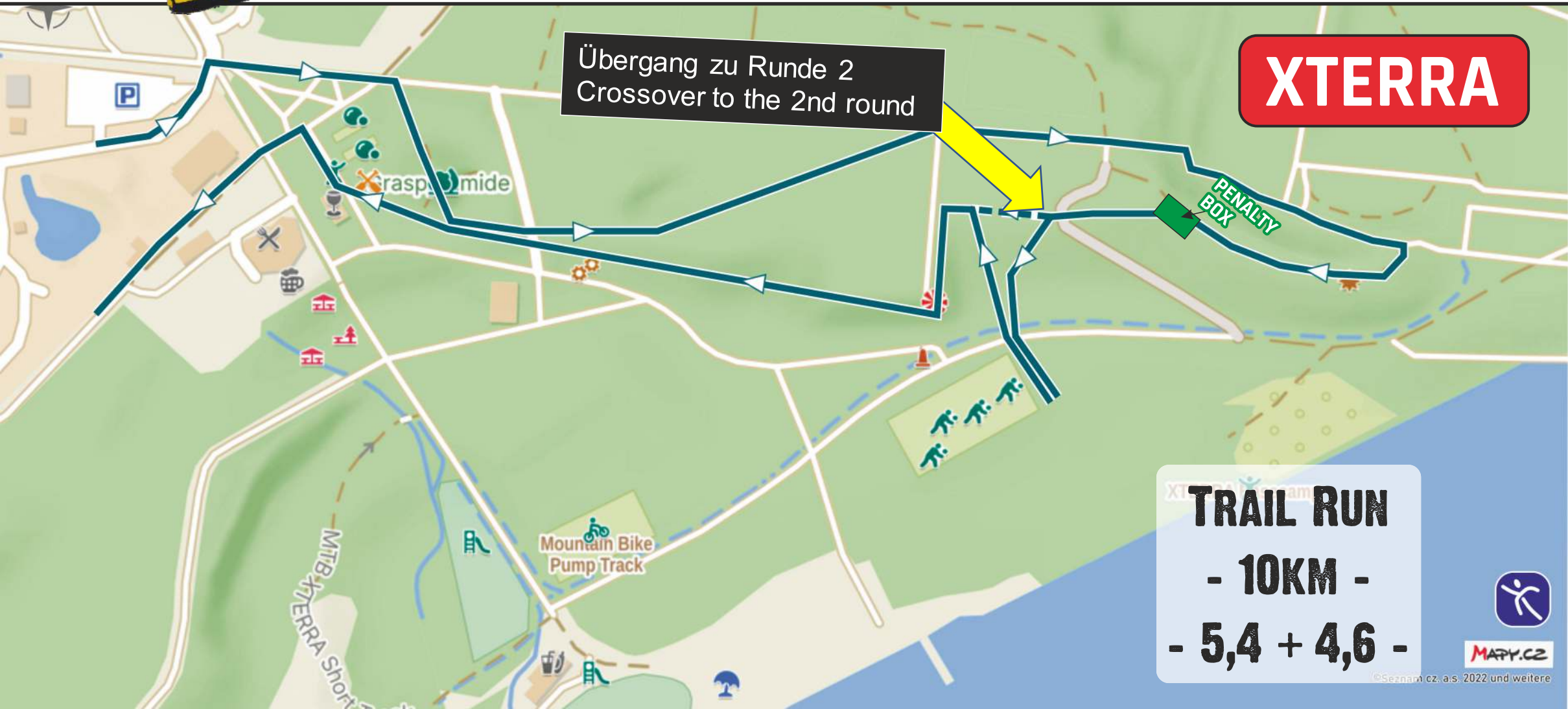
X TERRA

MTB TRAIL
- 37KM -
- 1160HM -



DEUTSCHE
MEISTERSCHAFTEN
2026
CROSSTRIATHLON

Xterra®
O-SEE CHALLENGE



Xterra

TRAIL RUN
- 10KM -
- 5,4 + 4,6 -



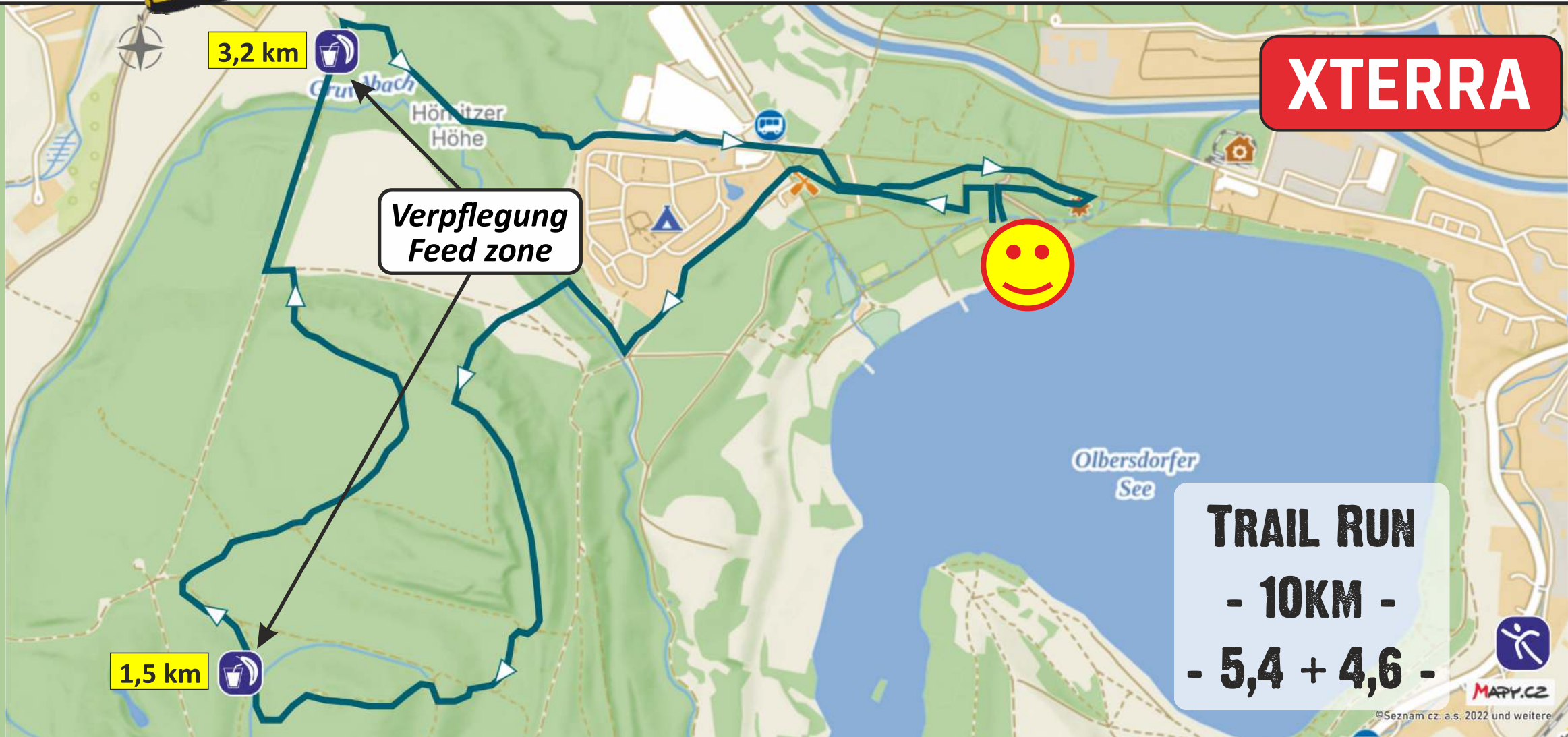
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DEUTSCHE
MEISTERSCHAFTEN
2026
CROSSTRIATHLON

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3,2 km



Verpflegung
Feed zone

X TERRA



Olbersdorfer
See

TRAIL RUN
- 10KM -
- 5,4 + 4,6 -

1,5 km



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O-SEE CHALLENGE

CLASSIC | TEAM

CLASSIC

CHECK-IN SCHWIMMEN

11:40 - 11:55

Ende CHECK-IN START

11:55

STARTZEIT M/W

12:00 / 12:01

CLASSIC

CHECK-IN SWIMMING

End of CHECK-IN START

START TIME M/W

TEAM

CHECK-IN SCHWIMMEN

11:55 - 12:00

Ende CHECK-IN START

12:00

STARTZEIT

12:05

TEAM

CHECK-IN SWIMMING

End of CHECK-IN START

START TIME

EINSCHWIMMEN



Schwimm-start

WECHSELZONE
TRANSITION AREA



2nd round

1 round

SCHWIMMEN
- 2x 550M -
= 1,1KM

CLASSIC | TEAM



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START/ZIEL

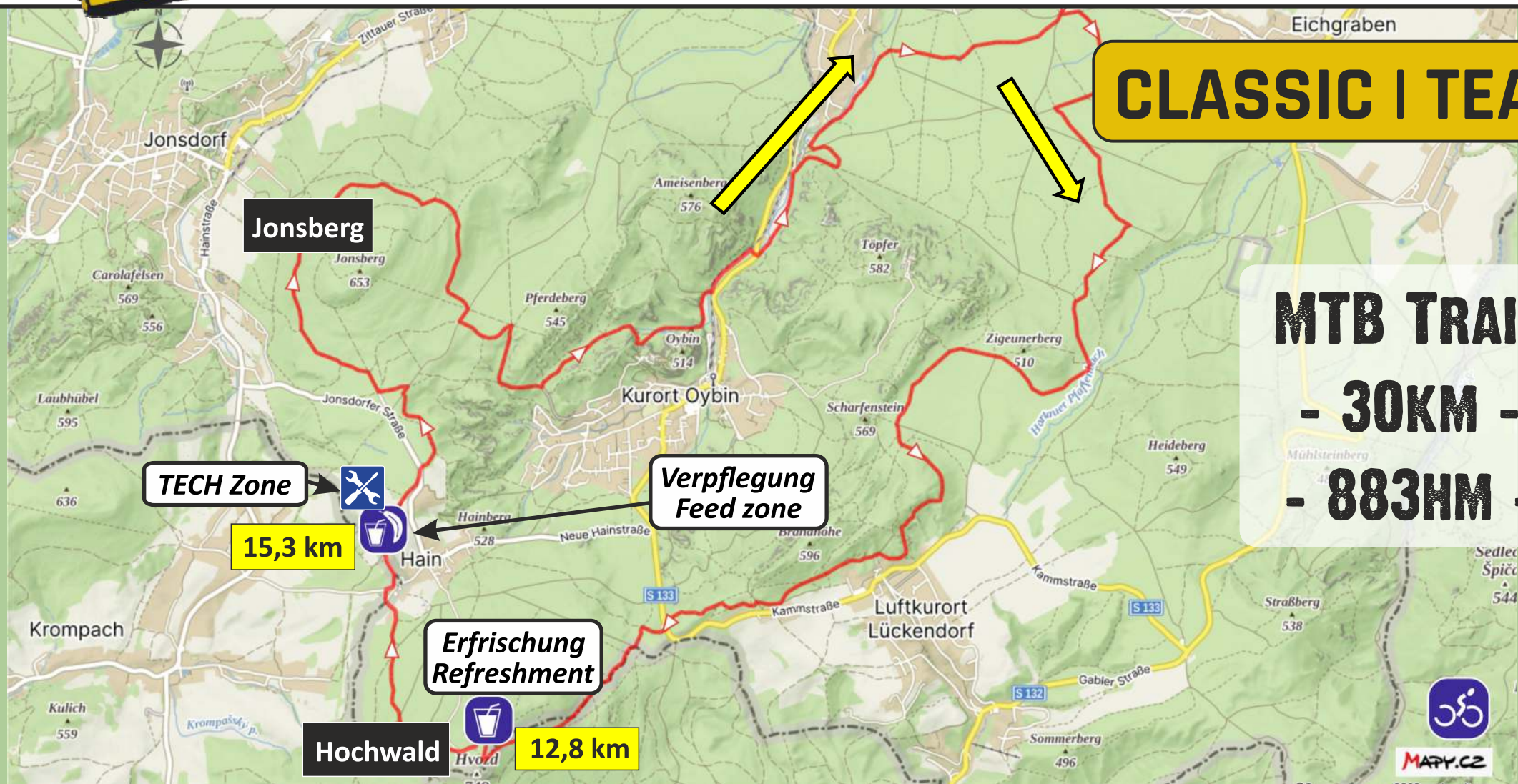
CLASSIC | TEAM

MTB TRAIL
- 30KM -
- 883HM -

TUNNEL



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O-SEE CHALLENGE



CLASSIC | TEAM

MTB TRAIL
- 30KM -
- 883HM -



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CLASSIC | TEAM

MTB TRAIL
- 30KM -
- 883HM -

TEAMS
Übergabe Transponder
chip handover

TEAMS

Beachvolleyball

CLASSIC

TEAM

BIKE

Ziel

SERVICE

SANI

RUN

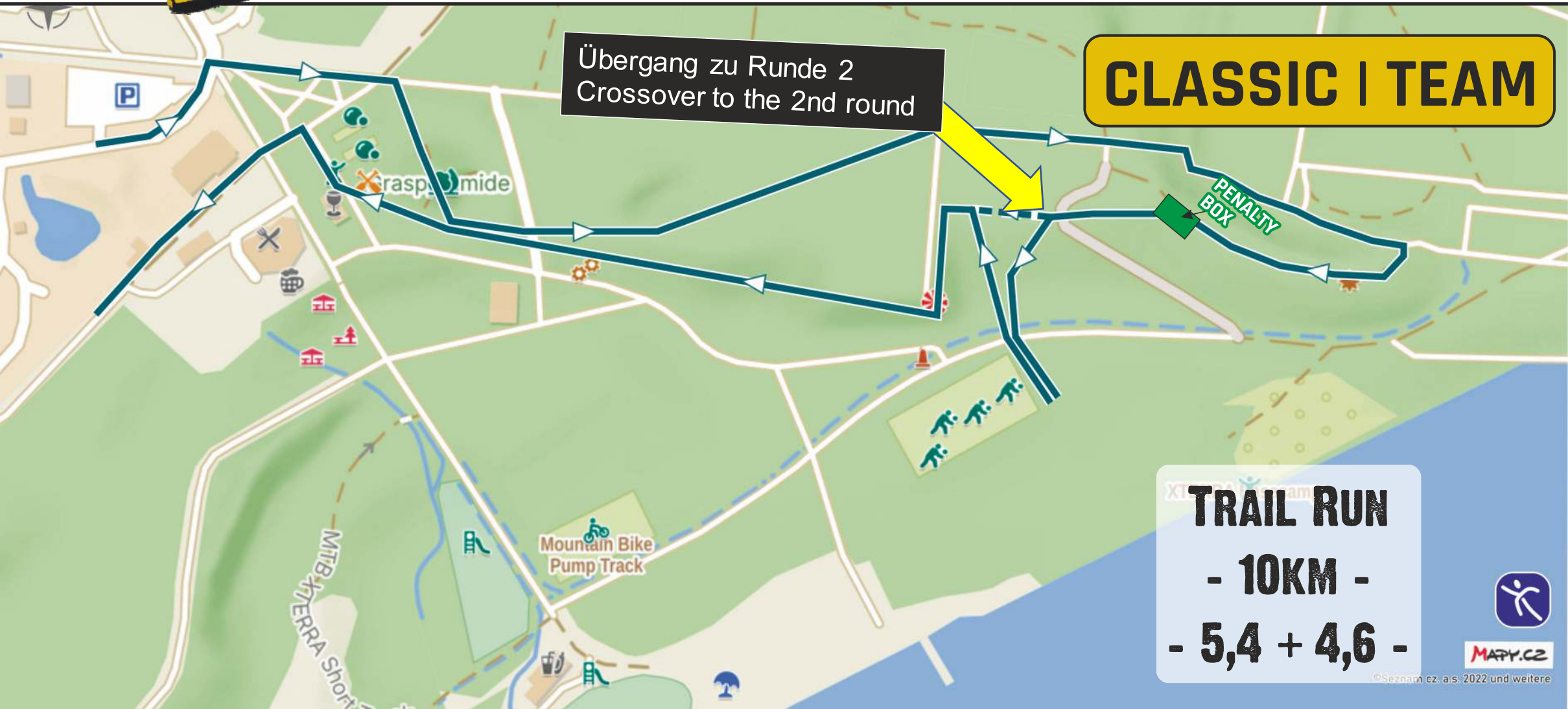
RUN

RUN

RUN



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O-SEE CHALLENGE



TRAIL RUN
- 10KM -
- 5,4 + 4,6 -

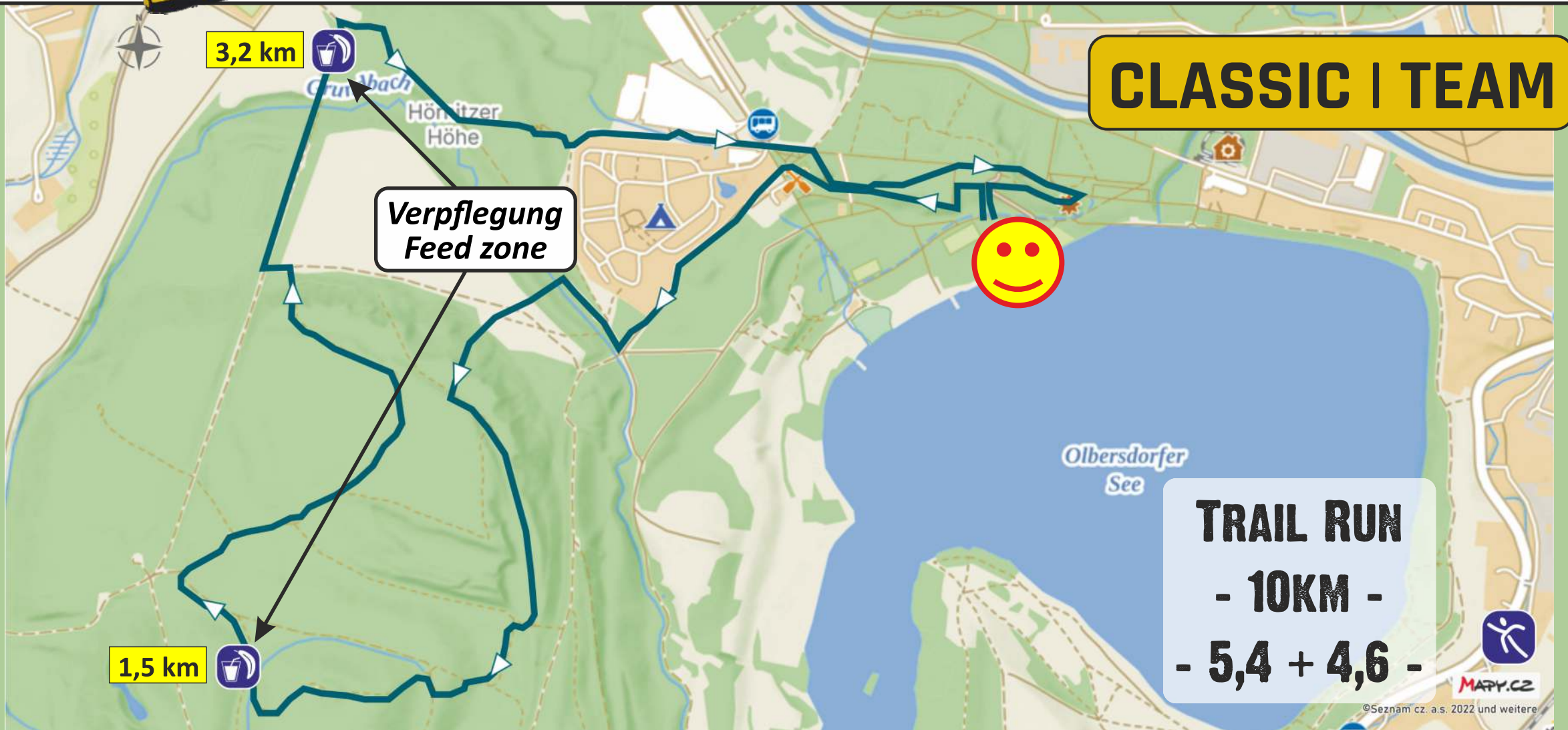


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REDUCED | TEAM

CHECK-IN SCHWIMMEN

12:00 - 12:15

CHECK-IN SWIMMING

REDUCED M / W

Ende CHECK-IN START
STARTZEIT M/W

12:22

12:25 / 12:26

REDUCED M / W

End of CHECK-IN START
START TIME M/W

REDUCED TEAM

Ende CHECK-IN START
STARTZEIT

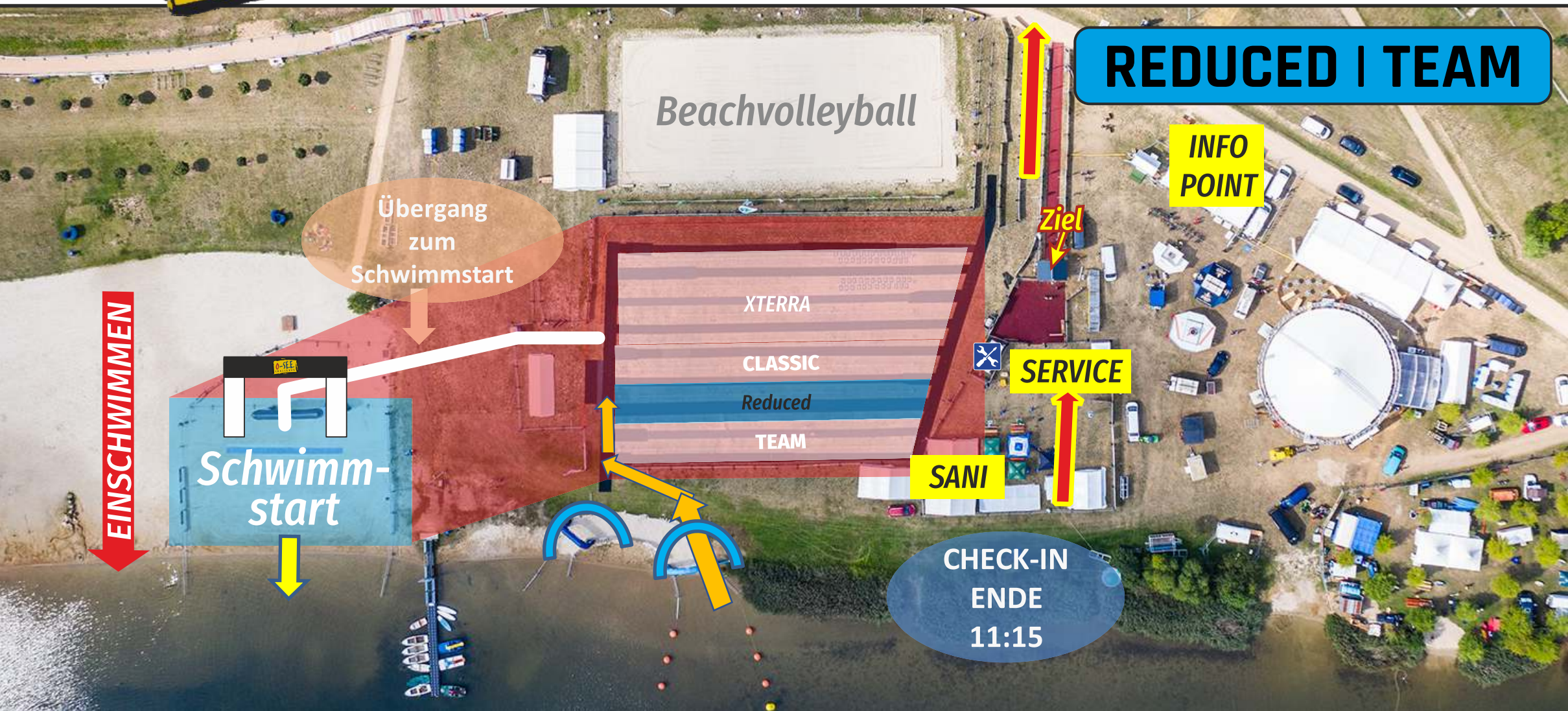
12:25
12:28

REDUCED TEAM

End of CHECK-IN START
START TIME



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Beachvolleyball

Übergang
zum
Schwimmstart

EINSCHWIMMEN

Schwimm-
start

XTERRA
CLASSIC
Reduced
TEAM

SANI

SERVICE

Ziel

INFO
POINT

CHECK-IN
ENDE
11:15

REDUCED | TEAM

EINSCHWIMMEN

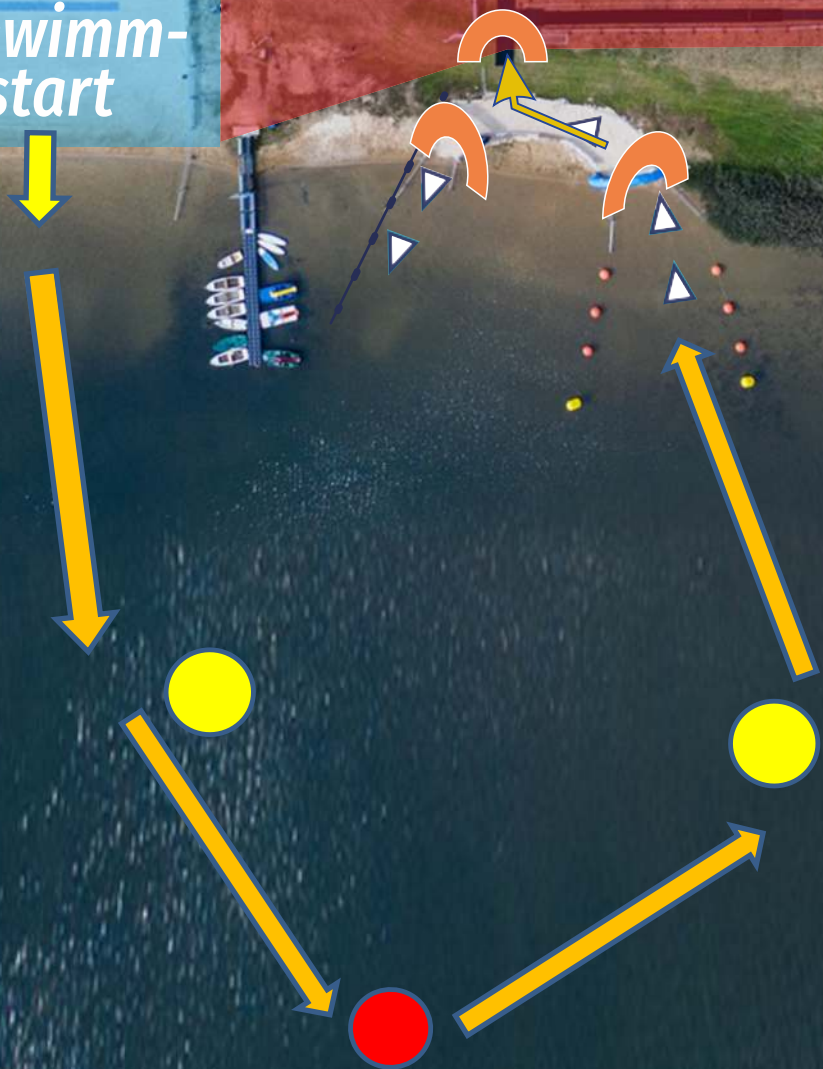


Schwimm-start

WECHSELZONE
TRANSITION AREA

SCHWIMMEN
- 750M -

REDUCED | TEAM

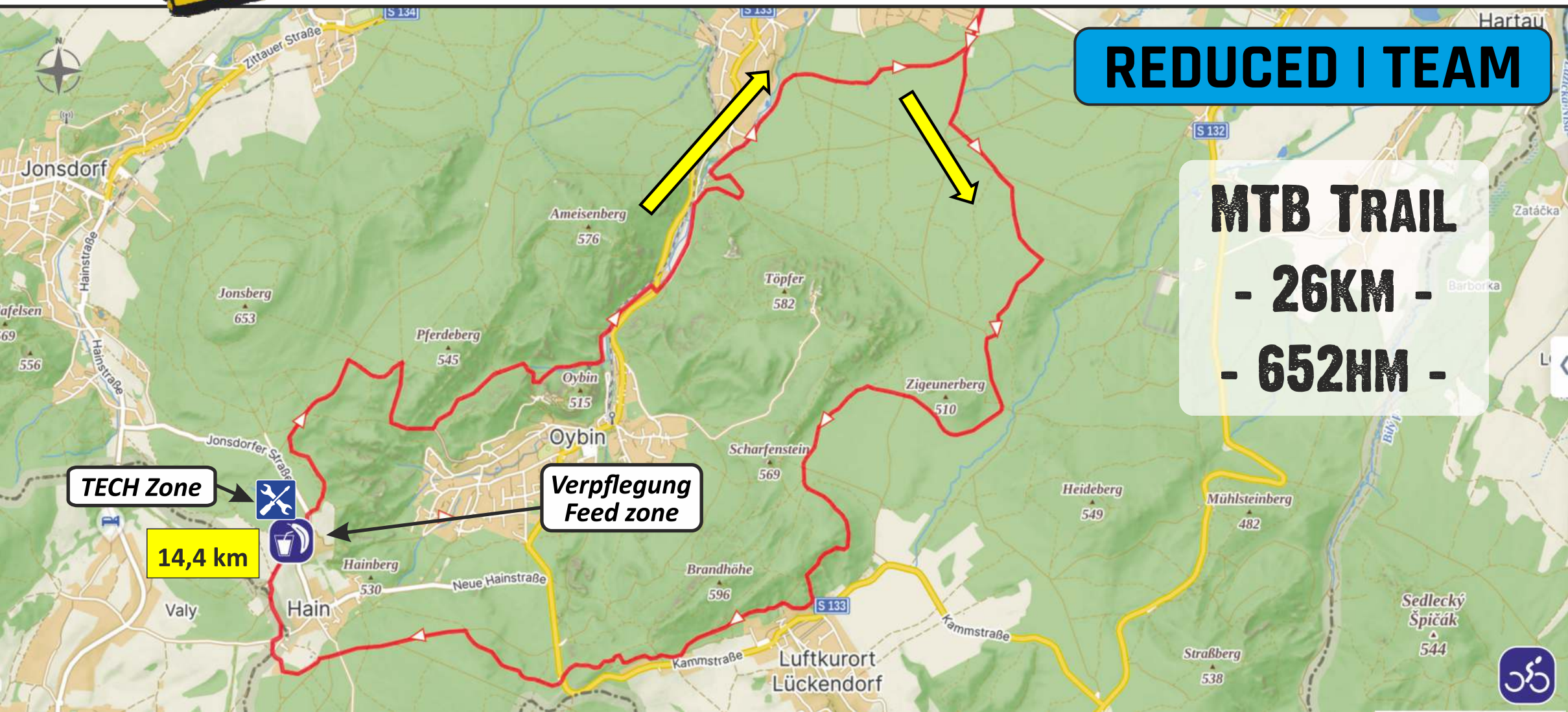




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O-SEE CHALLENGE

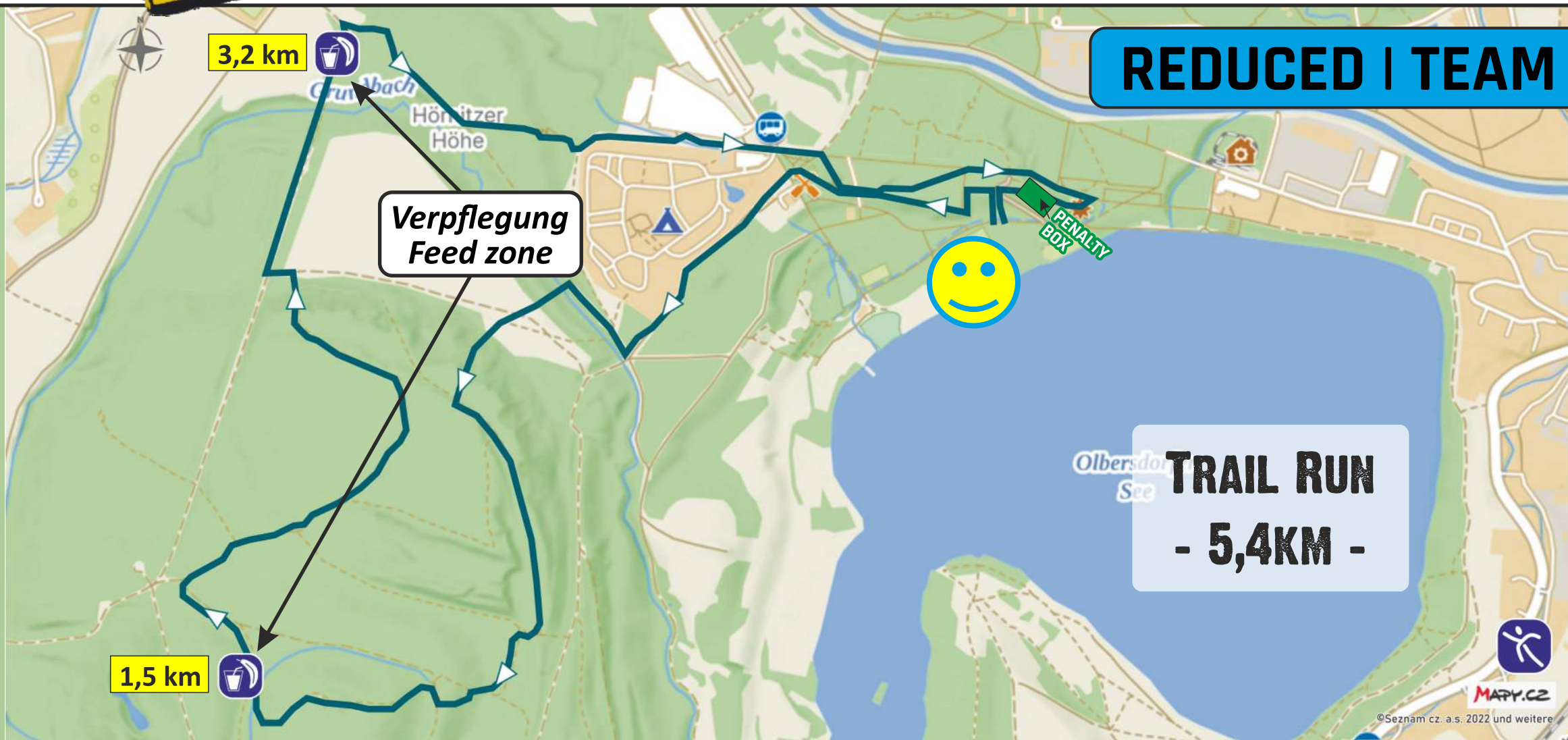
REDUCED I TEAM

MTB TRAIL
- 26KM -
- 652HM -





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Viel Erfolg!
Good luck!

